## Physical Contact Policy

As an Ofsted registered Childminder I am very aware that each individual child has different needs. Some children like to be affectionate and show it through hugs & kisses etc others are not so physically affectionate. I am happy to hug, kiss (head or cheek) hold hands, cuddle, tickle etc your child providing both you and your child is happy with this. I would never force a child to do any of the above if it made them feel uncomfortable.

On occasion the need may arise whereby I need to restrain a child. This would mainly be if they are at risk of inflicting harm on themselves or others or if a child tries to run into the road etc. If I do need to restrain your child I will document it in my incident book and asked you to sign the record. This is to protect all parties.

I will separate children if they are fighting

I will also need to have some physical contact with your child in order to ensure hygiene routines are carried out. For example the washing of hands & faces and the wiping of noses. I am happy to assist with toileting according to the age and stage of ability of the child and to change nappies if required. If necessary I will change a child's clothes if they have had an accident.